



DIY RECIPE

LIP BALM

While the initial investment may seem more expensive, you can make so many chapsticks from this recipe, it's really just a fraction of the cost of regular, store-bought chapstick. Plus, you can keep re-making these anytime you need them, or better yet, try out more DIY recipes! So many skincare recipes use these ingredients, so you'll be using them over and over.

HERE'S WHAT YOU'LL NEED:

Equipment

Double boiler*

Pipettes for pouring (2 options: [glass](#) or [plastic](#) - I prefer the glass)

Chapstick tubes

**Can also add water to a larger pot and place a slightly smaller pot on top to add ingredients to if you don't have a double boiler*

Ingredients

2 Tbsp Organic Coconut Oil

1 Tbsp Shea Butter

3 tsp Beeswax

1 drop Vitamin E Oil

Optional but recommended: essential oil, such as peppermint

DIRECTIONS:

1. Melt the coconut oil, shea butter, and beeswax over low heat in the double boiler, stir frequently.
2. Remove from heat and add essential oil, and 1-2 drops Vitamin E oil
3. Whisk together quickly, before it hardens
4. Use the pipettes to pour mixture into chapstick tubes
5. Put them into the fridge to cool and harden when finished.

Makes approximately 6-8 tubes.

[Click here](#) to view the video to see how easy it is to make.

*Feel free to use whatever brand you choose of these ingredients. Links were added only for convenience.

